

Our Bibliodrama workshop, with a focus on the combination of Bibliodrama with dance and Lectio Divina, was led by Vilhelmina and Andrius from Lithuania. We were a slightly smaller group of 11 Catholic, Protestant and Anglican participants, coming from Belgium, Germany, Sweden, Poland and an American living in the UK, that worked well together, creating a positive atmosphere.

Dance was mainly used for warm-up, as an alternative to bodywork and to ground us, and sometimes also to close a session. Mostly Vilhelmina led us in sacred dancing: where the group dances in a circle using, meditation. The simple mantras and easy steps that are repeated, gave us renewed energy, feeling more connected to the earth and each other, peaceful and joyful.

In contrast to the other workshops, we didn't have one long Bibliodrama process, working with one text, but several shorter Bibliodrama's. In total we worked with five different texts: Isaiah 9, 2-7 (For to us a child is Born) , Psalm 23 (The Lord is My Shepherd), Luke 23, 32-43 (The Crucifixion), 1 John 4, 11-21 (Abiding in God and God's Love) and John 21, 15-19 (Commissioning of Peter). Throughout Lectio Divina was used, either from the start or later on. I felt that the sacred dancing and the slow rhythmic reading and praying of a Scripture passage, combined with Bibliodrama (building our own worlds, the places from Psalm 23, 'Tableau Vivant', art, roleplay, ...), applied to some texts that are not 'action packed', facilitated a gentle deepening.

At the end we were asked to reflect on the whole process and whilst at first I wondered whether this had been a bit disjointed, jumping from one text to another from different parts of the Bible, overall, I had a sense I was called to deeper trust, leaving Poland with renewed hope. A few weeks later the Taizé song we had danced to: *Behüte mich Gott, ich vertraue dir. Du zeigst mir den Weg zum Leben. Bei dir ist Freude, Freude in Fülle.* (Protect me God, I trust you. You show me the way to life. With you is joy, joy in abundance!) still speaks to me.

(Els Claessens)